

TOTAL TRAINING™ FOR Adobe® After Effects® CS4 - Essentials QUICK REFERENCE GUIDE

C1	WHAT'S NEW IN ADOBE AFTER EFFECTS CS4	13:44	C7	PARENTING & BASIC EXPRESSIONS	38:44
1	Working with Photoshop® 3D Layers		1	Parenting Basics & Null Objects	
2	Using Dynamic Link to Remove Noise in Soundbooth®		2	Animated Man Exercise	
3	The New Timeline Search Feature & Pre-comp Flow Chart		3	Stacking Ruler Exercise	
4	Introducing the Cartoon Effect		4	Text Animation Exercise	
C2	INTRODUCTION TO AFTER EFFECTS	45:54	5	Introduction to Basic Expressions	
1	Basic Video Concepts		6	Applying Expressions for Wiggle & Loop	
2	Importing Files		7	Using Expressions with Audio Files	
3	Project Panel Overview		C8	BASIC COMPOSITING	38:25
4	Creating a New Composition		1	Applying Layer Blending Modes	
5	Placing Footage in the Composition		2	Creating a Track Matte	
6	Creating a Film Strip Effect with Multiple Movies		3	Keying & Keylight	
7	Timeline Panel Overview		4	Compound Effects: Gradient Wipe & Displacement Map	
8	Timeline Switches, Time Ruler & Work Area		5	Compound Effects: Wave World & Caustics	
9	Composition Panel Overview		6	Pre-composing & Nesting	
C3	ANIMATION BASICS	32:36	C9	STABILIZING & TRACKING	27:16
1	Exploring the Transform Properties		1	Stabilizing a Shot	
2	Introduction to Keyframing		2	Tracking a Point	
3	Interpolating Keyframes		3	The Tracker Panel & Motion Tracker Options	
4	Practicing Interpolation		4	Corner Pin Tracking	
5	Copying & Pasting Keyframes		5	Mocha for After Effects	
6	Creating a Loop		C10	PARTICLES & PAINT	21:29
C4	WORKING WITH MASKS	43:56	1	Introduction to Particle Playground	
1	Introduction to Masks		2	Breathing Tiger Exercise	
2	Animating Masks		3	Introduction to Paint	
3	Working with Mask Interpolation		4	Creating an Invisible Pen Effect	
4	Rotoscoping		C11	INTRODUCTION TO THE 3D ENGINE	33:05
5	Using Masks for Position Keyframes		1	Introduction to Camera Angles & Monitor Views	
6	Creating a Simple Animation Using Masks		2	Creating 3D Text with Lights & Shadows	
C5	ANIMATING TEXT	28:55	3	Setting Up a 3D Scene	
1	An Introduction to Text in After Effects		4	Animating a 3D Scene	
2	Using Text Presets		5	Working with Vanishing Point	
3	Creating Text on a Path		C12	SHAPE LAYERS & THE PUPPET TOOLS	20:18
4	Creating a Preset		1	Creating a Shape Layer	
5	Animators: Range Selector		2	Animating Shapes with Repeater & Brainstorm	
6	Animators: Add Property		3	Using the Puppet Pin & Puppet Starch Tools	
7	Animators: Two or More Range Selectors		4	Using the Puppet Overlap Tool	
8	Animators: Adding a Wiggly Selector		5	Animating with the Puppet Tools	
9	Working with Text from Photoshop		C13	RENDERING & EXPORTING	16:44
C6	ANIMATION HELP	29:54	1	Using the Render Queue	
1	Using Motion Sketch & the Smoother		2	Working with Adobe Clip Notes	
2	Using the Wiggler		3	Exporting for Flash®	
3	Working with Auto-Orient & Split Layer		4	Credits	
4	Time Remapping				
5	Animating Stills Using the Anchor Point				